

# *The Ascension of the Lord into the Heavens*

*Glory...Both now on the Praises in the 2nd tone*

**Thou**\_ wast born as Thou **Thyself**\_ didst will\_; /  
Thou didst appear of Thine **own**\_ choice; / **Thou didst**  
suffer in *the* **flesh**, O our God. / Thou didst arise from the  
dead, **trampling** down death; / **Thou didst** ascend in  
glory, O Thou *who* **fillest** all things, / and didst send unto  
us the Divine **Spi**\_rit, // that we may praise and glorify  
Thy *Divinity*\_.\_.\_.