

07/07 - St. Thomas of Mt. Maleum and
St. Akakios of Mt. Sinai

*On "Lord, I have Cried" in the 4th tone to the melody
"As one valiant among the martyrs"*

1
2
3

3 Through ab - sti-nence thou didst mortify car-nal know - ledge

B

and didst enliven thy soul with fast - ing

and the ex - er - cise of the vir - - -

tues. Where-fore, thou hast been shown to be

tru - ly a - live e - ven af - ter thy re-pose; for death

hath been as a dream to thee who hast passed

o - ver to God and placed thy soul in His

hands, O glo - ri - ous A - ka - ki - os.